

# WHO ARE SCHOOL PSYCHOLOGISTS?

School psychologists are highly trained professionals who possess skills and knowledge in the areas of:

- child and adolescent development
- principles of learning and behaviour
- individual differences
- social/emotional/behavioural and academic interventions
- assessment
- program planning

*(Canadian Psychological Association)*

School psychologists typically work for school boards or in private practice.



# SCHOOL PSYCHOLOGY SERVICES

UNDERSTANDING  
PEOPLE  
WORKING TOGETHER

Psychologists' Association  
of Alberta  
Unit 103, 1207 – 91st Street SW  
Edmonton, AB T6X 1E9

780-424-0294 (Edmonton)  
403-246-8255 (Calgary)  
1-888-424-0297  
(Toll Free anywhere in Alberta)

Fax: 780-423-4048  
Toll free fax: 1-888-423-4048

Email:  
schoolpsychology@  
psychologistsassociation.ab.ca

Online referral service available  
[www.psychologistsassociation.ab.ca](http://www.psychologistsassociation.ab.ca)

**YPAA**  
PSYCHOLOGISTS'  
ASSOCIATION of ALBERTA

**YPAA**  
PSYCHOLOGISTS'  
ASSOCIATION of ALBERTA

# SCHOOL PSYCHOLOGICAL SERVICES

## IS YOUR CHILD OR STUDENT STRUGGLING WITH ANY OF THE FOLLOWING?

- Reading
- Math
- Writing
- Taking tests
- Paying attention
- School related anxiety
- Social skills
- Behaviour in school

## WHAT TO DO:

- Speak with school personnel (teacher, special education teacher, counsellor, or administrator)

## THEN:

- Access the services of a school psychologist

# SERVICES PROVIDED BY SCHOOL PSYCHOLOGISTS

## FOR INDIVIDUALS:

- Consultation and program planning with students, parents and teachers
- Individual psycho-educational assessment
- Individual counselling and therapy
- Skill development (e.g., social skills, anger management)
- Transition planning across a variety of educational stages

## WITHIN SCHOOLS:

- Liaison with school learning teams
- Collaboration with school staff to support inclusive environments
- Prevention and intervention programs for a positive school environment
- Professional development on current research and best practices
- Debriefing and counselling students and staff following a traumatic event

## WITHIN SCHOOL DISTRICTS:

- Development, implementation and evaluation of district-wide screening and assessment programs
- Development, implementation and evaluation of district-wide intervention programs
- Provision of district in-service training on various topics

