

# PSYCHOTHERAPY DAY WITH GLEN GABBARD: A FOCUS ON THE “IMPOSSIBLE” PATIENT

OCTOBER 16, 2010  
Saturday 8:30am-4pm

Clara Christie Theatre  
Health Sciences Centre  
3330 Hospital Drive NW  
Calgary, Alberta

*Presented by  
Department of Psychiatry*

**REGISTRATION LIMITED TO 150**



*Office of Continuing Medical Education  
and Professional Development*

**Glen O Gabbard MD**

*Dr Gabbard is Professor of Psychiatry and Brown Foundation Chair of Psychoanalysis in the Department of Psychiatry at Baylor College of Medicine in Houston, Texas. He is also Director of the Baylor Psychiatry Clinic and training and supervising analyst at the Houston/Galveston Psychoanalytic Institute. He was formerly Director of the CF Menninger Hospital in Topeka, Kansas. From 2001-2007, he was Joint Editor-in-Chief of the International Journal of Psychoanalysis, the first American to serve in that capacity. He has also served as Associate Editor of the American Journal of Psychiatry.*

*Dr Gabbard has published over 300 scientific papers and book chapters and has authored or edited 23 books, including Psychodynamic Psychiatry in Clinical Practice: 4th Edition, an all-time best seller at American Psychiatric Publishing that has been translated into 8 languages. His latest book is Long-Term Psychodynamic Psychotherapy: a Basic Text, 2nd Edition. Other books include Gabbard's Treatments of Psychiatric Disorders: 4th Edition, Textbook of Psychotherapeutic Treatments, The Psychology of the Sopranos, and Psychiatry and the Cinema. He has received numerous awards including the American Psychiatric Association's Distinguished Service Award in 2002, the APA's Adolf Meyer Award in 2004, and the APA/NIMH Vestermark Award for Psychiatric Education in 2010. He lectures widely in Europe, South America and Australia.*

Elizabeth Wallace MD FRCPC – Chair  
Clinical Assistant Professor, Department of Psychiatry

Janet de Groot MD FRCPC  
Associate Professor, Department of Psychiatry

Linda Goddard MA  
Adjunct Assistant Professor, Department of Psychiatry

Jocelyn Lockyer PhD  
Associate Dean, Continuing Medical Education and Professional Development

Kathleen Pierson MD FRCPC  
Assistant Professor, Department of Psychiatry

Kent Sargeant MD FRCPC  
Clinical Associate Professor, Department of Psychiatry

Tim Yates MD FRCPC  
Clinical Associate Professor, Department of Psychiatry

**ACCREDITATION**

The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS).

**CREDITS**

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 7 MAINPRO-M1 credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved/ co-sponsored by Continuing Medical Education and Professional Development, University of Calgary.

**CONFIRMATION OF REGISTRATION**

On-line registration confirmation is automatic after registering on-line. A tax receipt will be sent approximately 2 weeks after registering.

For all other methods of registration (mail, fax) confirmation will be in the form of a tax receipt. No other confirmation will be sent. Please allow 2 weeks for registration processing.

**COURSE CANCELLATION POLICY**

The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

**REFUND POLICY**

A registration refund will be made upon written request prior to October 2, 2010. However \$40 will be retained for administrative costs. No refund will be made for cancellation after October 2, 2010. NOTE: Refunds are processed only on the return of original receipt. All receipts must be returned within 30 days after program date.

**REIMBURSEMENT OF REGISTRATION FEES**

Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at (780) 482 2626 or 1 800 272 9680.

**FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT**

Registration information is collected under the authority of the *Freedom of Information and Protection of Privacy Act*. The contact information you provide is required by our office to register you in the course, prepare material for your use and notify you of upcoming courses offered by our Office. Financial information is used to process applicable fees and is retained for future reference. If you have questions about the collection or use of this information, call the Research Associate at The Office of Continuing Medical Education and Professional Development (403) 220 4268.

**DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST**

In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure may be done verbally or using a slide prior to the speaker's presentation.

**FOR FURTHER INFORMATION**

Office of Continuing Medical Education and Professional Development, Faculty of Medicine, University of Calgary, 3330 Hospital Drive NW, Calgary, Alberta T2N 4N1

**About Course Content, Contact**

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**About Registration, Contact**

Email [cmereg@ucalgary.ca](mailto:cmereg@ucalgary.ca)

**VISIT OUR WEBSITE**

[www.cme.ucalgary.ca](http://www.cme.ucalgary.ca)

## COURSE OVERVIEW

This four-part workshop deals with handling resistant patients, erotic and erotized transferences (and boundary setting), antisocial patients, and borderline patients. Presentations by Dr Gabbard will be illustrated with DVD clips, and followed by discussion with workshop participants.

## LEARNING OBJECTIVES

On completion of the conference, participants will:

- be able to describe a clinically useful way to approach the psychodynamic construct of resistance
- be aware of optimal strategies to manage therapeutic boundaries and erotic transference
- be able to differentiate between treatable antisocial patients and psychopathy
- understand how to balance interpretive and mentalizing interventions in the psychotherapy of borderline personality disorder

## PROGRAM

0830 Registration & Coffee/Muffins

0900 Introduction of Dr Gabbard

0905 **The “Impossible” Patient**  
This opening lecture will discuss ways in which the term “impossible” is used. The use of the problematic term, “resistance,” is also explored. Reasons that patients want to thwart the therapy are elucidated. Discussion will follow.

1015 Break

## PROGRAM

1035 **Managing Therapeutic Boundaries and Erotic Transferences**

In this part of the program, numerous case examples will be used involving erotized transference. Difference in gender constellation will be elucidated, and psychotherapeutic strategies for maintaining boundaries while avoiding shaming the patient will be discussed. Discussion will follow.

1200 Lunch

1300 **The Antisocial Patient**

This lecture will focus on the necessity of distinguishing which patients with antisocial features are treatable and which are not. The common transference and countertransference problems in dealing with patients who have antisocial features will be described, and examples will be shown. Discussion will follow.

1415 Break

1435 **Mentalizing and Interpretation in the Psychotherapy of Borderline Personality Disorder**

The final lecture focuses on the ways one must vary the therapeutic approach with patients who have borderline personality disorder according to their individual characteristics. Illustrations of using mentalization techniques vs transference interpretation will be presented. Clinical examples will be shown. Discussion will follow.

1600 Adjournment

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

PROFESSION  MD  OTHER:

FIRST NAME

LAST NAME

ADDRESS

CITY  PROV  POSTAL CODE

AREA CODE  PHONE  -  AREA CODE  FAX  -

EMAIL

PAYMENT BY  CHEQ  AMEX  VISA  MASTERCARD  CARD NUMBER

EXPIRY  M  /  Y  SIGNATURE

Check here if you would like the above email address used to receive our monthly CME newsletter with course updates

**REGISTRATION FEE**

Includes coffee/muffins, nutrition breaks and lunch

- \$225 Physicians
- \$150 Allied Health
- \$75 Students & Residents

*PLEASE NOTE – Lunch will include a vegetarian selection. We are unable to accommodate special dietary restrictions (for example, gluten free, peanut allergies).*

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT – See “General Information”

**REGISTRATION INFORMATION**

Phone (403) 220 7032, Email [cmereg@ucalgary.ca](mailto:cmereg@ucalgary.ca)

**REGISTRATION DEADLINE**

October 2, 2010

**REGISTER ON-LINE**

On-line registration is now available at: <https://cmeregistration.ucalgary.ca>

**REGISTER BY MAIL**

Mail Registration Form with payment to Office of Continuing Medical Education and Professional Development, Faculty of Medicine, University of Calgary, 3330 Hospital Drive NW, Calgary, AB T2N 4N1.

Cheque payable to UNIVERSITY OF CALGARY.

**REGISTER BY FAX**

Registration with credit card payment only may be faxed to (403) 270 2330.

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