

# Helping with the Grief of Chronic Conditions

With Dr. Nancy Reeves, R.Psych

A workshop for professional & lay helpers

Chronic conditions such as Acquired & Traumatic Brain Injury, Parkinson's, MS, Alzheimer Disease, etc. – mean many unwanted changes and loss to people affected by that specific condition; as well as those who love them.

In this workshop, we will explore the process of adjustment to chronic conditions and working with complicated aspects such as guilt, various practical helping strategies and suggestions to prevent helper/caregiver burnout.

**Date:** March 5, 2010  
**Time:** 1:00 pm – 4:30 pm  
**Cost:** \$35.00  
**Location:** TBA

**TO REGISTER:**

Call Brain Injury Assoc. of Alberta at  
403-309-0866 OR  
Toll Free: 1-888-533-5355

Nancy Reeves PhD from Victoria, BC is a clinical Psychologist and author who has specialized in loss, grief and trauma for over 30 years. She is adjunct faculty at the University of Victoria and presents workshops in 8 countries.

In 2002, she received the Victoria YM/YWCA Woman of Distinction Aware – Health and Wellness.

She is the author of a number of books, including the Canadian best seller ***A Path Through Loss***

Her books will be available at the workshop