

# PROCLAMATION



WHEREAS, psychology is the scientific study of how we think, feel and behave;

AND WHEREAS, psychologists help patients develop coping strategies and healthy behaviours, which reduce risk factors associated with the development of illness;

AND WHEREAS, it is estimated that one in ten Albertans will experience a psychological disorder in 2010, and of this number, nearly 80,000 people will suffer from serious and persistent mental illness that is profoundly disabling and will require extensive care;

AND WHEREAS, research indicates that every dollar spent on psychological services yields a savings of five dollars in medical costs;

AND WHEREAS, Psychology Month will be celebrated locally, nationally and internationally to raise awareness of the discipline of psychology and the importance of research in the field;

THEREFORE I, MAYOR STEPHEN MANDEL, DO HEREBY PROCLAIM FEBRUARY 2010 "PSYCHOLOGY MONTH" IN EDMONTON, ALBERTA'S CAPITAL CITY.

Dated this 12<sup>th</sup> day of January, 2010

*Stephen Mandel*

Mayor of the City of Edmonton

