

PROCLAMATION

Psychology Awareness Month is an annual national campaign to raise Canadians' awareness of psychology and to increase the positive contribution psychology makes in our daily lives. While the role of psychology in the mental health field is well known, psychology's equally important role in the physical health is less well known but no less important. Many patients seeking medical treatment suffer from psychological problems and these symptoms often go unrecognized and untreated.

Whereas: Over 600,000 Albertans or 20 per cent of the population will have a psychological disorder or mental illness in their lifetime;

Whereas: Psychological/mental health problems are the leading cause for Albertans' visits to family physicians constituting 39 per cent of visits;

Whereas: Psychological interventions help patients modify health and treatment-interfering thought patterns, beliefs and behavioural patterns.

On behalf of City Council and the citizens of Calgary, I hereby proclaim February 2010 as:

“PSYCHOLOGY AWARENESS MONTH”



DAVE BRONCONNIER
MAYOR

